



## *The Episcopal Church of the Incarnation Parish Post ~ March 2010*

### *Our Mission Statement:*

*The Church of the Incarnation exists to proclaim the Gospel of our Lord Jesus Christ through worship, love and service. As individuals and as a congregation, we dedicate ourselves to this purpose.*



Lent is an incredible season, especially if it is used as intended. The Book of Common Prayer gives us this invitation to set the tone for Lent:

I invite you, therefore, in the name of the Church, to the observance of a holy Lent, by self-examination and repentance; by prayer, fasting, and self-denial; and by reading and meditating on God's holy Word. And, to make a right beginning of repentance, and as a mark of our mortal nature, let us now kneel before the Lord, our maker and redeemer.

*Silence is then kept for a time, all kneeling.*

The most important words in the whole invitation come in the rubrics (the italicized words that instruct us what to do during a liturgy). “*Silence is kept for a time*”.

I remember in seminary the question was asked, how much time? Being a good professor, he passed the question back to the class. Our answers varied from one to 15 minutes. The professors finally said, “just make it “significant.”

After almost 15 years since that class, I still ponder how much time is required to make silence significant. In scripture whenever a period of time is significant, the number 40 is attached to it. Moses wandered for 40 years, Jesus was DRIVEN (I like this translation better than “led”) into the desert for 40 days.

As Peter and I lead the Wednesday Night suppers on Desert Spirituality, hopefully it is becoming clear that this type of spirituality is quite counter-cultural. But not so counter-cultural that one must literally spend 40 days (OR YEARS!) in the desert. Instead we are presenting ways for all of us to find more SILENCE in our life. We are presenting ways that we might use the forces that drive us into a metaphorical desert (death, illness, betrayal, loss), as productive times to reflect on where God is in the midst of the silence. These times are when we look up and ask, “what’s out there?”, a frequent question asked in the monotonous emptiness of a desert retreat.

So as we come to the mid-point of Lent, I hope you are finding ways to bring yourself to the center-piece of Lent - Silence. And I hope in the midst of the silence, you can hear the source of life speaking, leading and preparing you for the Light that comes at the end of this incredible season.

Brian+



## Flower Guild

Fourteen members of Incarnation's flower guild met for lunch recently to make plans for the 2010 year. We decided to divide into teams for regular scheduling. Each team will have 10 members.....yes, we have over 40 active members of our group! Teams will be composed of both full time and seasonal residents and there will be a substitute list also. Mary Berry and Jody Zahner will be putting together the order and coordinating the work for Easter.

We'll need lots of willing hands.....both male and female.....and of all ages to turn our church building into an Easter garden again this year. Please set aside Saturday April 3rd to be a part of this special event. It usually takes from 9 AM until Noon to complete all the work. A sign up sheet will be in Jones Hall on the table.

In addition to arranging the flowers the guild needs the financial support of the parish in paying for the flowers. **Easter is a wonderful time to remember those who are no longer with us, and a time to say thank you to those who have been there for you in hard and happy times. Please send your contributions to the Easter flower fund to the church office with the name of the person you are remembering and whether it is a memorial or a thanksgiving.**

We all thank you for the support you have given to the flower guild ministry in the past. No gift is too small, and it is possible to co-sponsor a flower donation with a friend. In the current market a weekly cost to purchase flowers is approximately \$50 per arrangement (except on special Sunday's like Easter). Each Sunday we do four arrangements, 2 for the chapel and 2 for upstairs. When we can augment the arrangements from our own gardens it is less than that, but in winter we have tried to be more creative in our spending by using blooming plants on occasion. If you have questions about the work of the guild, please feel free to call me at 828-526-5903 or e-mail at missmidge@aol.com.

Clip & Return to the Church Office  
Your name as you wish for it to  
appear in the bulletin

—  
The wording for your memorial:  
"Given to the Glory of God and:  
(check or fill out as you wish)  
( ) in loving memory of

-----  
Or  
( ) in thanksgiving for  
-----



## Music at Incarnation

### A New Song

The Episcopal service is a relatively recent addition to my spiritual life. Like many of you, I belonged to another denomination in my youth. It was not until former director Fletcher Wolfe invited me to perform here that I had ever attended an Episcopal service.

I consider myself a student of this liturgical tradition, and as such, I am learning what is common to the Episcopal service, or what is perhaps "normal" from the musical perspective. Have I made some newbie mistakes? Sure. Have I thrown an alleluia or two in there during Lent? Yep. My bad. Or, in today's vernacular, Epic Failure.

But one thing I cannot be accused of is doing the same old, same old, same old... I believe our musical experience, particularly in worship, should be fresh and invigorating, ever-changing and alive. We don't read the same scriptures every Sunday. We don't hear the same sermon every Sunday. Why then would we sing the same tunes every Sunday? It is unusual ~ dare I say unheard of ~ to sing the same service music Sunday after Sunday, year after year. Talk about boring!! (There was a time in history when the church actively restricted new music from being heard. You may have heard of this period. It's now known as the Dark Ages.)

Some churches change the service music every Sunday. That's a bit much. Most churches cycle the service music each liturgical season, and this is the path I have chosen for Incarnation. By doing what is common, we are honoring our Episcopal traditions.

So, I hope that you will join with me, the choir and our Episcopal brethren in the youthful spirit of trying new things. I believe it will be an Epic Win for everyone.

Robert Henry, D.M.A.

### Daughters of the King

Please consider visiting the Daughters of the King for a meeting. The DOK always welcomes visitors. We meet each month on the 2nd and 4th Thursday mornings following the 10:00 am service in the chapel. To find out more please call Mary Vaughan at 526-9206, or contact another person in the Incarnation DOK group. We hope to see you soon!

# Vestry Minutes – February 10, 2010

Vestry Minutes, February 10, 2010

I. Call to Order: Fr. Brian Sullivan called the meeting to order at 4 pm with prayers, especially for unity.

Present: Deborah Berlin, Bill Temple, Dan Adcock, Ann Maxwell, Bev Cone, Mike Hunter, Jim Shearon, David Reddick and Brian Sullivan  
Absent: Joe Parrott, Betty Chesna, Sam Edgens, Peggy Woodruff

II. Treasurer's Report and Minutes

A. Minutes: The minutes of the January 2010 meeting were approved by motion from David Reddick and seconded by Mike Hunter.

B. No representative of the Finance Committee was in attendance at this point in the meeting so Fr. Sullivan reported that we have started the new year already \$28,000 down. We have collected approximately \$30,000 for our Haitian mission and we met two challenge donations for that mission. Our money is going to World Vision in the Dominican Republic for materials to be trucked into Cange (everything arrived in Cange last Monday). Two churches in Blacksburg will contribute money to our Haitian food funds (as a "refund" to us for covering the whole amount already). The Treasurer's report was approved by motion from David Reddick and seconded by Jim Shearon.

III. Reports

A. Rector: He attended a Kids4Peace meeting in Atlanta this past weekend and then a Compassionate Listening conference on Monday and Tuesday (also in reference to Kids4Peace).

B. Senior Warden: No report.

C. Junior Warden: The iron railing is repaired; the wooden rails need to be repaired. The stairwell leak has been repaired and will hopefully be painted by Sunday. The library/pre-school project has been completed (some more door work may be required). Working on making new posts for the fence. The front doors are not actually broken; they are architecturally designed to "work" the way they do (per report by Fr. Sullivan).

IV. Ministry Reports

A. Children and Youth: Report attached.

B. Christian Formation: Ash Wednesday is February 17; the Lenten program begins on February 24.

C. Caring: Dan Adcock reported that Stephen Ministry is going well and the caregivers are 100%

assigned to care receivers; the Angel Food Ministry has about \$1000 in its account and can help those in need this winter - please let Dan or Linda Shearon know if there is a family in need of that assistance. Dan Adcock reiterated his appreciation for the hard work of Linda Shearon in this ministry.

D. Outreach: Ginger Slaughter will be meeting soon with the Committee to distribute funds.

E. Stewardship Commission: The Mardi Gras party will be on February 16.

V. Old Business

A. Vestry Retreat - the scheduled retreat for February 20 has been cancelled and will be rescheduled, tentatively for Saturday, March 6, from 9am-3pm.

B. The framing will be ordered for the Stations of the Cross from Cynthia Strain's frame shop (for \$3,080).

VI. New Business

A. The Flower Guild has requested a line item in the budget, although Bill Temple thinks we already have one. Discussion followed this request regarding cost of Sunday flowers. The Guild does not require a specific dollar amount for someone to sponsor the flowers for a particular Sunday even though these costs can often reach \$200 or more for the Church and Chapel altar flowers. The Guild is requesting \$2,000 now. This would change Budget item 500-40-10 by \$2,000. Teresa can decide if she needs to add a line item for this purpose. By motion from Deborah Berlin and second by Dan Adcock, this request was approved with the Vestry request that the Guild consider amending how they request and collect money for sponsored Sundays.

B. Parochial Report - Attached. Approved by the Vestry at this meeting.

VII. Discussion - No discussion.

VIII. Adjournment. Brian Sullivan adjourned the meeting with thanksgivings at 4:42pm.

Respectfully submitted by Deborah Berlin.

**\*Complete minutes and attachments are available in blue vestry notebook.**

## Adult Education

**Contemporary Theology** The class in Contemporary Theology will continue its study from the book Quest for the Living God: Mapping Frontiers in the Theology of God by Elizabeth A. Johnson. Topics covered in January include theological reflections on the impact of an increasingly secular world, and how we understand God in the presence of deep suffering. In response to these discussions, on January 24 the class will watch a movie on efforts to bring peace in Liberia, and the following Sunday, January 31, focus on Johnson's chapter about how theology is uniquely shaped by women's experiences. Sundays in February will include examination of theological perspectives formed in response to White privilege and racism, religious pluralism, concern about the natural world, and the mystery held in the image of the Trinity.

The class meets in the Vestry Room at 9 am, and welcomes all to a lively and interesting time of study and discussion. Class is coordinated and led by Martha Porter and Peter Ray.

### Weekdays

Tuesday Morning Bible Study. This is a new class led by the Rev. Peter Gorday, at 10:00, in the library. It is a "come one, come all" informal and conversational bible study.

Bible Walk thru is offered on Thursday afternoons at 3:30 in the library...just bring your bible. All are welcome.

## Bell Tower Endowment

During the Lenten Season, we tend to contemplate, inwardly search, and then reflect. Our own eventual mortality is uniquely symbolized on Ash Wednesday. Life is precious and indeed short. Hopefully and with God's Grace we are and remain "Works in Progress" throughout this journey.

On a very personal note, The end of March will commemorate the first year of Rolden William "Bill" Jones' leaving the pain and suffering of this world for eternal life with Our Lord in Heaven. My personal reflections are indeed a myriad of memories, some painful/some joyous but all important, at least to me.

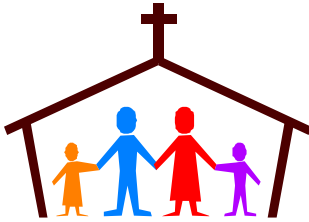
One great comfort at this time is that we remembered the Bell Tower Endowment in the Jones Trust. To "live on" having duly supported a way to keep our beautiful Church buildings intact for perpetuity lessened to load for the future parishioners, allowing them the freedom to give emphasis to the community and the pressing needs that unfortunately yet regularly occur.

Its true, you can't take it with you; However you can put some of it where it will be securely banked for an edifice that was very dear to you. This is by remembering the Bell Tower Endowment in your Trust and Will..

Sincerely,  
Billy Gray  
Secretary of the BTE

**angelfood**  
MINISTRIES

**Angelfood** is now taking orders for March 20<sup>th</sup> delivery. Orders can be placed online or at the front office until Monday, March 15<sup>th</sup>. Feed a family of four for a week for \$30 or have 10 perfectly seasoned, nutritionally balanced, fully cooked meals for \$28. This month also offers a premium seafood variety box for \$35. The premium fresh fruit and veggie box is only \$22. Angelfood is for everyone! Pick up a green menu and order today!



# Family Fun at Incarnation

For more information please contact ...  
Andrea Chalker 526.2968 x206 christianed@incarnationwnc.org

" The child lacks what is usually thought of as power and yet is able to enter (or receive) the Kingdom... when you meet such a child you meet Jesus, the embodiment of the Kingdom"

Jerome Berryman, *Toward a Theology of Childhood*

## Sunday Mornings

8:30 Breakfast Begins

9-12 Nursery provided

9:00 Sunday School

10:30 Children's Chapel

Lectionary based curriculum that follows the worship service for ages 2nd grade and under...children are brought upstairs for The Great Thanksgiving.



## Youth Events

for 6th grade & up!

**NO MORE SUNDAY NIGHTS!  
YOUTH GROUP WILL BE MOVING  
TO WEDNESDAY EVENINGS!**

5:30 dinner (call 526-3376 for reservations)

6-7 Youth Activities

**WATCH!** for our  
special monthly events...

**Sunday, March 7**

Dinner & a Movie

We will leave HUMC at 3:00.  
Please bring money for movie &  
dinner at Zaxby's.

**Sunday, March 14**

Youth Sunday

Upcoming Fundraiser Event

Saturday, April 3rd  
Egg Hunt Lunch @ Rec Park

## Family Events

**"All Around Easter" Family Event**

**Sunday, March 28 @ 4:00**

**Program & Supper**

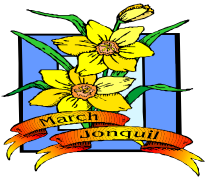
Combined with our friends from HUMC

**Saturday, April 3rd**

**Community Egg Hunt at the Rec Park**

**Sunday, April 4th Easter**

**10:00 Incarnation Egg Hunt**



# March

## Sundays

8:00am Holy Eucharist Rite I in Chapel  
8:30am Breakfast  
9:00am Sunday School for children & adults  
10:30am Holy Eucharist Rite II

## Mondays

8:30am Yoga in Jones Hall  
4:00pm Women's cursillo in Library  
5:30pm AA Meeting in Jones Hall

## Tuesdays

8:30am Men's cursillo in Jones Hall  
10:00am Bible Study in the Library  
1:30pm Staff meeting in Vestry Room  
3-5:30 Education for Ministry in Library  
5:30pm Women's AA Meeting in Jones Hall

## Wednesdays

12:00pm AA meeting in Jones Hall  
5:30 CoDA meeting in Library

\*Vestry Meeting on second Wednesdays @ 4

## Thursdays

10:00am Holy Eucharist in the Chapel  
10:45am Yoga in Jones Hall  
10:30am Daughters of the King meet 2nd & 4th Thursdays in the Vestry room  
12:00pm Al-Anon in Library  
3:30 Bible Walk Thru in Library

## Fridays

12:00pm AA meeting in Jones Hall

## Special Events

Wednesday, March 3, 10, 17, 24

Lenten Suppers & Program

5:00 Stations of the Cross

5:30 Supper

6:00 Program

Saturday, March 20

8-10 Angelfood distribution

Saturday, March 27

Vestry Retreat @ Incarnation

Sunday, March 28th

Palm Sunday Service will begin in the garden

4:00pm All Around Easter Family Event

## HOLY WEEK SCHEDULE

Sunday, March 28th Palm Sunday Service will begin in the garden

4:00pm All Around Easter Family Event

Monday, March 29—Service in the Chapel @ 5:30

Tuesday, March 30—Service in the Chapel @ 5:30

Wednesday, March 31 Service in the Chapel @ 5:30

Thursday, April 1 Maundy Thursday Service @ 7:00

Overnight vigil in chapel (sign-up in office)

Good Friday Community Service 12noon

Good Friday Liturgy Chapel 1:15

## EASTER SERVICES

Saturday, April 3 The Great Vigil of Easter @ 7:00PM in the Chapel

Sunrise Service @ the Nature Center @ 7:00AM

SUNDAY EASTER WORSHIP 9:00 & 11:00

Children's Egg Hunt @ 10

## Upcoming Events

Atlanta Boy Choir will perform at Incarnation on Sunday, May 2 @ 4:00PM. There will be no cost for admission and seating is first come first serve except for patrons.

## MARCH SUNDAY MINISTRIES

Date	Lectors	Chalice	Ushers	Camera	Flowers	Altar	Acolytes	Vestry of the Day
March 7 8:00		B. Conway			Team 1	C. Edmondson		
Mar 7 10:30	J. Diamond	C. Murphy E. Whitby	Team #1	C. Alley		A. Maxwell G. Harris	Grace, John, & Olivia	David Reddick
Mar 14 8:00		G. Harris			Team 2	C. Harrington		
Mar 14 10:30	A. DeHart	M. Rothermel J. Rothermel	Team #2	T. Craig		S. Wallin B. Cusachs H. Hamilton	Samuel, Alley & Tiffany	Deborah Berlin
Mar 21 8:00		D. Moore			Team 3	C. Harrington		
Mar 21 10:30	B. Chesna	J. Chalker S. Chalker	Team #3	M. Murphy		S. Mosley A. Turner	Philip, John, Drew & Charlie	Joe Parrott
Mar 28 8:00		C. Norman			Team 4	P. Parker		
Mar 28 10:30	J. Montana	B. Chesna L. Doggett	Team #4	S. Chalker		N. Freese T. Heard	Emily, Ivy Maggie & Maddie	Bill Temple

### March Birthdays

3/1 David LaCagnina  
Lane Reeves  
3/2 Charlotte Wood  
3/3 Marie Harris  
3/4 Helen Anderson  
Anne Curtis  
Cole Garrett  
3/5 Virginia Kennedy  
3/6 Ronald Lewellyn  
3/8 Harriet Hamilton  
3/11 George Sherill  
3/12 Harriet Boger  
3/13 Ann Maxwell  
Gail White  
3/15 Diane Biggers  
Mary Fitzgerald  
3/16 Ralphe Baker  
John Underwood  
3/17 Kelly Garrett  
Patce Thornton  
3/18 Beverly Ellars  
3/20 David Moore  
3/25 Mandy Underwood  
3/27 Martha Ferguson  
3/28 Mary Cann  
3/30 J Jay Joannides  
3/31 Sally Caffery  
John Kruse  
Ashley Walker

*Every time we think of you, we thank God, and pray for you with prayers of joy. For God began a good work in you, and will complete that work in years to come. Our prayer for you now is this: that your love grow richer in knowledge and insight of every kind, that you learn by experience what really matters, that on the day you appear before God, God welcome you as a flawless gift, a rich harvest of praise, through Jesus Christ. Amen.*

*May the Lord bless you and keep you; May the Lord shed his light upon you, May the Lord look upon you kindly and give you peace.*

### Anniversaries

3/16 Edward & Nancy Waits  
3/19 Jerry & Ginny Harris  
3/21 Jack & Susan Calloway  
3/24 Charles & Edna Foster  
3/35 Mark & Kathy Whitehead  
3/28 Edwin & Kathleen Michaels  
3/30 Armand & Catherine Mouw

### Transferring In

Joe & Kay Deckman

### Transferring Out

Raymond & Sharon Wiliford



*Have you thought about giving flowers as a gift... birthday, anniversary, thanksgiving for a special person?*

### Sunday Breakfast Schedule

Sunday breakfast teams will be assigned the Sunday corresponding to their team numbers.

Team #1 (Selwyn) 1st Sunday of the month  
Team #2 (Hoyt) 2nd Sunday of the month  
Team #3 (Dr. Jim) 3rd Sunday of the month  
Team #4 (Mike) 4th Sunday of the month  
When there is a 5th Sunday the Haitian Mission Group has volunteered to provide the morning meal

LENTEN SUPPERS & PROGRAMS

Wednesdays March 3, 10, 17, & 24th

5:00 Stations of the Cross

5:30 Supper

6:00 Program "Desert, Mountains and the Landscape of the Soul"

HOLY WEEK SCHEDULE

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4:00pm All Around Easter Family Event

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Overnight vigil in chapel (sign-up in office)

Good Friday Community Service 12noon

Good Friday Liturgy Chapel 1:15

EASTER SERVICES

Saturday, April 3 The Great Vigil of Easter @ 7:00PM in the Chapel

Sunrise Service @ the Nature Center @ 7:00AM

**SUNDAY EASTER WORSHIP 9:00 & 11:00**

Children's Egg Hunt @ 10

*The Church of the Incarnation*  
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